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Personal Philosophy of Nursing

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Nursing is the glue that holds together the healthcare journey of a patient. I believe that it is both a science and an art; a mind and a heart. In the recent past has become very popular among people partly due to the rise of people that suffer from chronic diseases, among other reasons.

Nursing refers to a profession that includes collective and independent care of people from different, groups, families and ages, sick or healthy. In my opinion, nursing encompasses health promotion, avoidance of diseases, and care of the disabled, dying, and sick.

A nurse is a person who has the skills to take care of the infirm or the sick, mostly in hospitals. He or she nurses people who are suffering from different diseases and helps them in their journey to recovery and having their health back.

Health can be described as condition of total physical, psychological, and social well-being and not simply the nonexistence of sickness. As a healthcare occupation, nurses care for people and assist them to recuperate from disease and uphold optimum well-being and quality of life. Nurses are different from other healthcare practitioners since they have an extensive range of methods and practice of health care.

In nursing, the environment refers to a work setting where nurses can both attain the objectives of an association and achieve individual contentment from their work. I believe that a healthy environment should nurture a climate where nurses are defied to utilize their skills, clinical knowledge, and expertise. Improving the work environment can also improve the safety and quality of patient care.

To conclude, I trust that nurses are best positioned to take an all-inclusive view of the well-being of patients. Nursing and health are intertwined; nurses take part in assisting patients to maintain their optimum health. In nursing, the environment plays an important part in ensuring

that nurses perform their duties accordingly, acquire great job satisfaction, and ultimately improve the quality of health care.

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